

ARIHHP 研究業績一覽（2020年）

◆ 論文：127編

◆ 著書：11編

◆ 受賞：1件

A 「心」部門

「論文」

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「著書」

サリー・パークス (著) : 征矢英昭, 下田亮, 益城優芽 (監訳) , 平湊音 (訳) : 解剖学からわかるヨガ ~体のつくりで徹底解説!. ニュートンプレス, 2020.

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「受賞」

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B 「体」 部門

「論文」

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「著書」

前田清司: 健康寿命延伸に寄与する体力科学: 中・高年齢者の動脈硬化予防としての習慣的運動. 医歯薬出版株式会社, 2020.

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